

**RAJYA SABHA SECRETARIAT
(G.A. SECTION)**

**PARLIAMENT HOUSE ANNEXE,
NEW DELHI.**

No.RS.5(iii)/2014-GA.

28th October, 2015

CIRCULAR

SUB: Voluntary Health Check-up Scheme-2015

Updated list of beneficiaries under VHCS as on 30th June, 2015 has been prepared under the two groups of 40-50 years and above 50 years of age and sent to the listed hospitals, those eligible may avail of the facility under the scheme as per norms. The list of empanelled hospital and tests included is also enclosed along with the contact persons of the concerned hospitals for prior appointment. The subsequent check-up is to be undergone only after crossing the date of last visit for VHCS. The facilities under the Scheme are available biennial (once in two years) for the officers and employees of age of 40 years and up to the age of 50 years and annually for the officers and employees above the age of 50 years.

2. The broad guidelines of the Scheme are summarized as follows:-

(i) The Secretariat has made arrangement for the purpose of periodic health check-up with certain hospitals listed in the **Appendix-1**. These hospitals have agreed to undertake the health check-up on credit basis, bills being sent directly by the hospitals to the Rajya Sabha Secretariat for settlement.

(ii) The list of authorized tests included in the Scheme is at **Appendix 2**. The package rate for these tests, at present, is ₹2000/- per male employee and ₹2200/- per female employee.

(iii) The beneficiary would be required to carry his/her latest Identity Card, as issued by the Rajya Sabha Secretariat, for verification of his/her identity by the hospital. The hospital authorities, after due verification, will carry out the authorized tests.

(iv) The beneficiary would also be required to give an undertaking at the time of availing the facility in the hospital itself to the effect that he/she has not availed of the facility under the Scheme during the year in any other hospital.

(v) In the course of conducting the authorized tests, if the consulting physician of the hospital advises any additional test, beneficiary may get himself/herself referred by his/her CGHS Dispensary for undergoing the tests, following the normal procedure prescribed under the rules.

(vi) The beneficiary would also be required to undergo either VHCS or PHC (Preventive Health- Check-up) in a calendar year.

**ARUN KUMAR
ASSISTANT DIRECTOR**

**All Officers/Sections/P.Ss./PAs to officers &
Pay & Account Office, Rajya Sabha.**

Appendix-1

EMPANELLED HOSPITALS FOR VHCS-2015

<u>Serial No.</u>	<u>Addresses</u>	<u>Name</u>	<u>Tel. No./Mobile No.</u>
1.	Metro Hospital & Heart Institute, 14, Ring Road, Lajpat Nagar-IV New Delhi – 110024	Reception	26461157
2.	St. Stephen's Hospital, Tis Hazari, Delhi.	PRO Section Shri Balbir	23966021 to 27 Mob.9868399104
3.	RLKC Hospital, Metro Heart Institute, Naraina Road (Near Sadipur Metro Station) Pandav Nagar, New Delhi.	Reception	25891014 to 16
4.	Metro Hospital and Heart Institute, X-1, Sector -12, Noida.	Ms. Meenakshi Ms. Muskan	9910988866 9971950294
5.	Metro Health Check Wing, Metro Multispeciality Hospital, L-94, Sector-11, Noida.	Ms. Meenakshi Ms. Muskan	9910988866 9971950294
6.	Max Devki Heart & Vascular Institute, 2-Press Enclave Road, Saket, New Delhi – 110017.	Reception Shri Rajesh Sharma	26515050 9818688013
7.	MGS Hospital, Rohtak Road, West Punjabi Bagh, New Delhi-110026.	Reception Rajkumar	Ph. No. 25226100 to 105 Mob. 9868098291
8.	Medanta-The Medicity, Sector-38, Gurgaon, Haryana-122001	Shri Rohit, Sr. Manager Marketing Reception	9999110758 0124-4141414
9.	Rockland Hospital, B-33-34, Qutab Institutional Area New Delhi- 110016	Reception: Mr. Ajit Ms. Indu	47667100 9871114981 9971571059
10.	Rockland Hospital Dwarka Sector-12, HAF-B, Phase -1 Dwarka, New Delhi - 110075	Reception : Ms. Rajni Ms. Pradipta	48222222 9871114538 9650088774

Creatinine

Uric Acid

Electrolyte

Na+

K+

Calcium

Inorganic Phosphatase

- Cardiac Profile
 - CPK
 - CK-MB
 - LDH
 - SGOT
- Urine
 - Routine/Microscopic
 - Sugar
 - Albumin
- ECG
- X-Ray Chest
- Ultrasound Abdomen
- Eye Examination
- T3, T4, TSH
- Pap smear and Mammography (for female employees only)
